FREQUENTLY ASKED QUESTIONS...

Q: How much does it cost?

A: to reserve your place there is an entry fee of £25. We then ask you to try to raise a minimum sponsorship of £100.

Q: What time do I have to get there and where do I go?

A: the Fire Walk will take place at Bridgwater Community Hospital, Bower Lane, Bridgwater, Somerset, TA6 4GU, there is car parking available. We Ask Fire Walkers to arrive at 6:00pm, there will be an hour training seminar inside Bridgwater Hospital then fire walk to start at 7:30pm.

Q: Can I bring my family and friends?

A: Yes of course. the more people we have there giving encouragement the better!

Q: Who organises the Fire Walk?

a: the Fire Walk and the training seminar is organised and conducted by Uk Fire Walk, one of the Uk's leading Fire Walk companies. www.ukfirewalk.com

Q: Why should I walk on fire?

A: We will never give you justification of why you should walk on fire, the choice is always your own, however walking on fire gives people different results from overcoming their fears, self fulfilment, spiritual awakening or just a wonderful experience.

Q: Can I burn walking on fire?

A: there are various degrees of burns, from minor small blisters to third degree burns. the common denominator of those who do burn is that they all believed they would. We are pleased to say at Uk Fire Walk we have never had anyone who required medical attention after our public, corporate or charity fire walks. However, there is always a risk with fire walking. if there are no risks, where would be the challenge and accomplishment of walking on fire be?

Q: How hot are the coals?

a: the temperature of the coals can be as hot as 1200 degrees Fahrenheit. put into perspective: paper combusts at 451 degrees, aluminum melts at 1100 degrees, sausages on the other hand....

Q: Who can walk on fire?

a: anyone can walk on fire, providing they feel they can. people aged from 4 to 98 years old have walked on fire.

Q: What is the hardest part?

a: the hardest thing to overcome is the fear of taking the first step!

Q: What are the added benefits?

a: Fire walking is richly rewarding in terms of your personal self development and the activation of your potential, realise and focus your talents, make decisions, set goals, awaking, and exercising inner strength to expand your conscious awareness beyond everyday experiences. You will discover meaning, prioritise the important things, understand the purpose of your life.

