

Winter

2022

Newsletter

The Official Charity of Musgrove Park Hospital
For patients | For colleagues | For our hospital



A ride for Ava and Teddy

On 11 June, a team of 18 brilliant riders took to the Somerset countryside to raise money for the Somerset Neonatal Intensive Care Unit (SNICU). Their target was to ride 1,000 miles but they smashed it and completed 1,170 miles!

In April 2021, twins Ava and Teddy were welcomed into the world at just 30 weeks. With their early arrival, they spent 6 weeks being cared for by SNICU. Mum, Millie said “the care Ava & Teddy received from each and every member of the team was truly amazing, and this unit will now always hold a very special place in our family’s heart.”

Many wonderful friends and family not only cycled but helped along the way and over £12,000 was raised. The money will be used to buy 4 Neopuff Resuscitation devices which will help to resuscitate babies when they stop breathing.

Millie said “we are truly grateful to everyone that gave up their weekend to help raise money for a cause that means so much to our family. We

“the care Ava & Teddy received from each and every member of the team was truly amazing, and this unit will now always hold a very special place in our family’s heart.”

are incredibly proud of the money raised and what the unit has been able to buy with it. SNICU is not the start any parent wants for their newborns, but Ava and Teddy could not have been in safer hands with the amazing team at Musgrove. Thank you to the businesses that sponsored our jerseys, our support crew and the amazing cyclists that pedalled their way across the beautiful Somerset countryside giving 110%.”

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25th
ANNIVERSARY

APPEAL

Celebrating 25 years of charitable giving at Somerset NHS Foundation Trust

our charity



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Dear Supporters,



Welcome to the Winter 2022 edition of our Newsletter. Thank you to all those who have supported us, donated, and have fundraised for Love Musgrove already in 2022 and to many others who are still fundraising for their events now. I would like to express my thanks also to everyone who has supported our 25th Anniversary Appeal, our appeal will be going on until the end of the year but the results we have seen from it already are incredible.

One thing I am hugely excited for is the use of our Meaningful Moments boxes for 72 clinical areas across the Trust. There are filled with all the essentials a ward or department will need to give the best additional care with any patient with dementia, I am hopeful the dementia boxes will have

a lasting help for both patients and their families in our dementia wards. We also delighted to have purchased some more items so read on to find out more.

I would also like to pass on my thanks to everyone for their support and to the community who have all done a

wonderful job at fundraising for the charity through many a different type of events over the whole of this year and just remember there is an event out there for everyone!

I wish everyone well for the rest of the year 2022 and look forward to seeing you all in 2023.

Best Wishes

Barbara Gregory
Charity Chair



Paying our respects to The Queen

We have recently lost one of the greatest people of our age.

I wish to express the sadness of all of us in Somerset Foundation Trust at the death of our Sovereign, Her Majesty Queen Elizabeth II. She has been an inspiration to our nation and to the world throughout her 70 year reign of selfless service. It is difficult

to imagine our country without her and we grieve deeply.

We offer our heartfelt condolences to Countess of Wessex, Royal Patron of our charity, Love Musgrove, and to His Majesty King Charles III and all the Royal Family; they have lost

a beloved mother, grandmother and great grandmother.

From all of us, Long Live the King!

Colin Drummond
Chairman
Somerset Foundation Trust



“This nomination came as a nice surprise as we are a very new team,”

Update from the Trust

Royal Society award shortlist for our homelessness team

Being homeless doesn't mean you should not be able access care when you need it. With the number of people becoming homeless increasing, we set up a specialist homeless nursing team as a trial back at the beginning of 2021, funded by the Somerset Integrated Care System, and was made permanent last autumn.

Our homelessness nursing team for Somerset has been shortlisted for a prestigious Royal Society of Public Health (RSPH) award for 'health and wellbeing'.

It has grown over the last year with registered nurse Karen George taking up the role as clinical lead for the service in January 2022. Karen has built up a team of six experienced nurses, four health link workers and a team administrator.

“This nomination came as a nice surprise as we are a very new team,” Karen said. “We know that help and support with health inequalities is very much needed in our communities.

“With the current cost of living crisis, the number of homeless people and

those at risk of becoming homeless is sadly increasing, which means our team caseload is continuing to grow.

“We provide healthcare and support for anyone who is homeless in Somerset that has a health need, supporting people who are in difficult situations, from those living in hostels and sofa surfers, to those released from prison, sex workers, gypsies and travellers – anyone without a permanent home.

Our homelessness nursing service provides a range of healthcare services for people:

- Basic Health Checks
- Wound care
- Blood tests, including Hep C/Hep B/ HIV testing/Syphilis testing

- Help with medical appointments
- Advise and support with medication concerns
- Sexual health promotion, contraception advice and STI checks
- Dental health promotion
- Swabs, removal of stitches/staples
- Confidential advice/advocacy.

“Many people we support won't necessarily come into healthcare settings regularly,” Karen continued. “We will see them whenever and wherever they need us – such as on the street, in a field or in hostels.

“We aim to make every contact count, we also arrange drop-in sessions at hostels, YMCAs and other locations in the community. Building trust with this group of people has enabled us to help reduce the demand on our emergency departments and minor injuries units, as well as GP practices. Our team also supports with attendance to appointments, as well as onward referrals to relevant specialities.

25th ANNIVERSARY APPEAL

Celebrating 25 years of charitable giving at Somerset NHS Foundation Trust

25th Anniversary Update

Our 25th Anniversary Appeal is well underway. Thanks to donations from the Somerset Community, and beyond we have been able to fund some of the projects to benefit patients across the Trust.

- Meaningful Moments boxes for 72 clinical areas - filled with items to support patients with dementia such as a light projector, scrapbooks, colouring books, word searches, sensory toys, and practical items such as hearing aid batteries and glasses wipes.
- Massage chair at Rowan Ward in Yeovil for their recently created new sensory room
- iCare Tonometer for Minehead Community Hospital. This tests the pressure inside the eyes and is used to test glaucoma and
- to measure how the treatment is working
- Hydrotherapy pool - based at Dene Barton Community Hospital, the money has been used to fund enhancements such as a large mural, plants, and a radio
- Bladder Scanner for Portman Ward at Musgrove. This is also thanks to a donation from a Trust and Foundation
- Older Adult DBT (Dialectical Behaviour Therapy) to develop the service for adults in the community to help them talk through their emotions, understand them, and learn skills to manage them.

charity event to raise funds for the 25th Anniversary Appeal via a 'virtual journey' from their location at Musgrove to the 'mothership' - the Bibliotheca Alexandria.

The team covered the distance of 5,000 km by cycling, swimming, and walking and raised £541.00

Veronica Price, the NHS trust's clinical outreach librarian who took part in the challenge said: "We chose the Bibliotheca Alexandria as it is the closest site to one of the largest and most significant libraries of the ancient world and holds a special place in the hearts of all librarians.

"It's really exciting to see the wide range of projects that people's donations will support this year as part of our 25th anniversary appeal and the direct impact this will have on our patients, their families and our colleagues."

Colleagues from the library and knowledge service at Musgrove embarked on their first

We have many more brilliant projects to support. Why not support the Appeal by taking on a challenge or host an event with friends and family.

Head to the link below to find out more about the appeal and ways that you can get involved.

www.lovemusgrove.org.uk/Anniversary-Appeal

In partnership with

TAUNTON'S **107.8 ToneFM**



Support from the community!

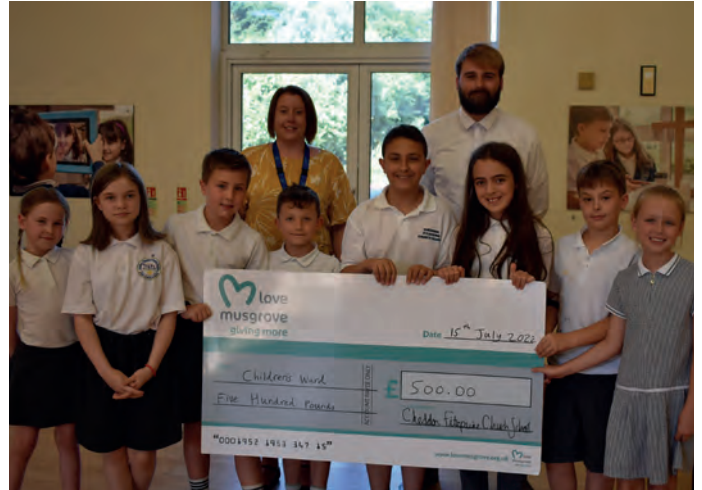


We have had incredible support from across the community.

Super School

We were delighted to be chosen as Cheddon Fitzpaine Primary School's charity for the year as the school completed a series of events throughout the school year from a Halloween party to Christmas Party to a Summer Fete all to raise money for their chosen ward, the Children's Ward.

We were delighted to be invited to the school to present the School Council with a big cheque presentation of £500 for their hard work and efforts over the school year. A massive well done and thank you to Cheddon Fitzpaine for their time and efforts, a job well done.



Quiz Buffs



We are proud to be charity of the year for Rumwell Farm Shop. On 23 September, 73 keen quizzers took part in the event with some tough rounds. The winning team was 'Great Expectations' who are pictured here with our Events' Manager Sophie Cridland. Each team member won a £10 Rumwell voucher plus the coveted Rumwell Cup.

The next event is the candlelight Christmas carvery on the 8 December so book early!

Are you part of a group or business and want to raise money for Musgrove? Get in touch at Fundraising@SomersetFT.nhs.uk today!

Mission to Radiator Springs



One of the toughest fundraisers we've had is when Craig Pimm and Simon Thorne set out to complete a Mission to Radiator Springs event for SNICU and drive over 1600 miles to get Lightning McQueen back to his home in Radiator Springs after finding him looking lost and confused while driving on the wrong side of the road in Somerset! The challenge took the gentlemen a few days, but they were successfully able to return Lightning McQueen to Radiator Springs in Barcelona, Spain and successfully raise £2,313 in the process, well done and congratulations to both Craig and Simon for their phenomenal effort.

What's on in 2023

Skydive – any date



14th July Charity Golf Day



Take part in our golf day. Brean Golf Club, near Burnham-on-Sea are hosting a shot gun start, 4-player scramble. Entry includes a coffee and bacon roll, followed by a meal and winners presentation.

There are also some great sponsorship opportunities.

More details coming soon, register your interest by emailing Fundraising@SomersetFT.nhs.uk

Overseas Trek

We are thinking of organising an overseas trek to either:

- The Sahara – crossing the stunning Atlas Mountains and following ancient caravan routes into the arid scenery of the Sahara desert
- Cambodia Trek to Angkor Wat – Kulen Mountain is the start of the trek where you will enjoy beautiful views of the mountains and pass-through small villages
- Camino de Santiago Trek – take on the challenge of the last 100Kms of this classic trek, passing along ancient pilgrimage routes to finish in the stunning city of Santiago de Compostela

If you are interested in any of these treks, please email Fundraising@SomersetFT.nhs.uk

Would you like to combine one of the most exhilarating experiences you have ever had with raising vital funds to support patients and staff across NHS services in Somerset and **Love Musgrove?**

A tandem skydive promises to be one of the most exciting and breath-taking experiences you will ever have.

Take to the skies for a 15,000ft tandem skydive at our drop zone with views over a narrow part of the country giving awe-inspiring views of both the north and south coast.

We have teamed up with Skydive buzz and you can arrange a date that suits you.

For more information visit www.lovemusgrove.org.uk/?event=our-charity-event-sky-dive

Gifts in Wills your gift for future generations

We rely on the generosity of people to help develop and fund services across the hospital and a large part of this comes from legacies or gifts people leave us in their Will.

Last year, we received an incredible legacy of £187,000 to support various departments and wards such as Radiology, the Intensive Care Unit, and the Beacon Centre

This month we were thrilled to receive a donation of £335,000 from a legacy in support of the Coronary Care Unit. We are immensely grateful for those who remember Love Musgrove in their Will.

Gifts in Wills can make a real difference to patients and for generations to come.

If you would like more information about leaving a gift in your Will, please contact zoe.steer@SomersetFT.nhs.uk



Tree of Light

The Tree of Light is returning to Musgrove Park Hospital for a third year. Once again, we will be inviting our supporters and the general public to write messages in memory or of recognition on our special Love Musgrove Tree of Light baubles to be hung on the Christmas Tree at Musgrove Park Hospital.

Christmas is a time of celebration and reflection, and after the past 3 years it is more important than ever to remember loved ones and give thanks to those who have made a difference in our lives. Perhaps this is the first Christmas without a family member, or you'd like to give thanks to a friend who has gone above and beyond to support you, our Tree of Light is the perfect way to do that.

We will once again be asking supporters to make a donation as they request a bauble, and last year's Tree of Light helped us raise a brilliant: £1,650 an amount that makes a real difference here at Musgrove Park Hospital.

For more information or to request a bauble either to be sent home for you to write your own message or to have one of our team write a message for you, head to our website www.lovemusgrove.org.uk/tree-of-light or give the Fundraising Team a call on 01823 344437.



Rock Against Cancer

Southwest Heavyfest is a part of the Rock Against Cancer events that we run here in Somerset. We started raising money for local charities back in 2015, and Southwest Heavyfest became a vital part of our shows in 2017 - starting off with all-dayers and then in 2019 becoming weekenders and more!

Created with a passion for live, underground metal and with a goal of raising money for the Beacon Centre at Musgrove Park Hospital, which is extremely close to our hearts, Southwest Heavyfest has grown over the years into a diverse and intriguing event, and one that has a fantastic local following.

2023 will be our biggest year yet! With our February 11th Winter Warmup show just announced for Bridgwater's The Cobblestones venue, and the brilliant comedy-metal headliners of RAISED BY OWLS, we absolutely cannot wait to return in hosting another epic show in this town, whilst raising money for our cause. Next month we'll also be announcing our main weekender which will take place on April 29th & 30th - and we promise the line-up will be awesome and packed with the best and most exciting underground metal from around the UK.

All details of our shows can be found on our socials at Southwest Heavyfest on Facebook and Southwestheavyfestuk on Instagram, and advance tickets are on sale via TicketSource.

Max James

Organiser & Promoter

This newsletter has been brought to you by



who are proud to support Love Musgrove and Somerset NHS Foundation Trust



Registered Charity No. 1059922

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